



Things to Know

Q1. Who is Chairman of Railway Board?
Ans. Anil Kumar Lahoti has been appointed as the Chief Executive Officer and Chairman of the Railway Board. He has taken over the chairmanship from Vinay Kumar Tripathi on January 1. Lahoti belongs to the 1984 batch of the Indian Railway Service of Engineers (IRSE). His appointment is part of an overhaul of the top management of the railway board.

Q2. लद्दाख की संस्कृति, भाषा और रोजगार की दृष्टि के उपायों पर चर्चा के लिए गठित समिति के प्रमुख कौन हैं

Ans. नित्यानंद राय (केंद्र ने लद्दाख की अनूठी संस्कृति, भाषा और रोजगार की दृष्टि के उपायों पर चर्चा करने के लिए एक उच्च अधिकार प्राप्त समिति का गठन किया है। गृह राज्य मंत्री नित्यानंद राय की अध्यक्षता में 17 सदस्यीय समिति का गठन किया गया है। अन्य सदस्यों में लद्दाख के लेफ्टिनेंट गवर्नर आरके माथुर, सांसद जामयांग सेरिंग नामग्याल और गृह मंत्रालय के ना. भित अधिकारी शामिल हैं।

Q3. भारत में किस वर्ष विमुद्रीकरण के निर्णय की घोषणा की गई थी?

Ans. 2016 (सुप्रीम कोर्ट की एक संविधान पीठ ने केंद्र के 2016 के 500 रुपये और 1,000 रुपये मूल्यवर्ग के कठोरी नोटों को चलन से वापस लेने के फैसले को 4-1 बहुमत से बरकरार रखा है। बहुमत, जिसमें जस्टिस एस अब्दुल नजीर, बी आर गवई, ए एस बा. पन्ना, टी रामासुब्रमण्यन शामिल थे, ने कहा कि केंद्र की अधिसूचना वैध थी और आनुपातिकता के परीक्षण से संतुष्ट थी। न्यायमूर्ति बीवी नागरत्ना ने अपने असहमतिपूर्ण विचार में कहा कि हालांकि नोटबंदी सुविचारित और सुविचारित थी, इसे कानूनी आधार पर गैरकानूनी घोषित किया जाना चाहिए।

Q 4. कौन सी संस्था भारत में 'सुरक्षित संचयन' (SRS) आयोजित करती है?

Ans. भारतीय रिजर्व बैंक (भारतीय रिजर्व बैंक भारत में प्रणालीगत जोखिम सर्वेक्षण (SRS) आयोजित करता है। हाल के सर्वेक्षण के अनुसार, भारतीय वित्तीय प्रणाली में उत्तरदाताओं के विश्वास में सुधार हुआ क्योंकि उनमें से 93.6 प्रतिशत ने भारतीय वित्तीय प्रणाली की स्थिरता के प्रति उचित या अत्यधिक विश्वास बनाए रखा। आरबीआई के प्रणालीगत जोखिम सर्वेक्षण का 23वां दौर नवंबर 2022 में आयोजित किया गया था। सर्वेक्षण में बाहरी क्षेत्र से वित्तीय स्थिरता के लिए जोखिम की धारणा और 2023 में वैश्विक मंदी की संभावना पर उनके विचार शामिल थे।

Candidates express their anguish over selection procedure

Two lists of shortlisted candidates for the post of Lab Technician (Science) was released by Dr B R Ambedkar Institute of Technology. The first list contained names of 81 candidates. And, when the second list of same candidates came up, there were only 78 candidates. In the second list some of the names of candidates were reduced to

Nair, Rao, Ghosal, Singh etc. One name which stood apart was of 'Benia' whose father is working in a powerful post in this institution. It is learned that the question paper for this Group -B post will be prepared by faculties of this institution. Interview will also be conducted by them. Some candidates appearing for this post had expressed

their apprehension about filling up this post in such a manner that it is going to benefit one individual. Considering the reputation of this institution in the recent past, Administration should think of a transparent method of selecting candidates for the post of Lab Technician in DBRAIT.

“Inauguration of Newly Constructed Govt. Quarter at IRBn HQ”



Shri Neeraj Thakur, IPS, Director General of Police, A & N Islands inaugurated 50 Nos. Newly constructed quarters for IRBn personnel at IRBn HQ, Port Mout on February 22, 2023 in the presence of Senior Officers of A & N Police, APWD and staff of IRBn. To mark the occasion the Chief Guest and senior officers had planted fruit bearing saplings around the new-

ly constructed complex. The DGP, A & N Islands appreciated the construction agency i.e APWD. The project has been completed at a cost of Rs 11 crore. Further, The chief guest appreciated the jawans for apprehension of foreign poachers in remote & difficult terrain of LOP Tillong chaung with hard work and perseverance. He also informed the IRBn

Personnel about the overall developmental projects including Firing range, Rain water Harvesting and sports complex etc. for up gradation of IRBn infrastructure. Now, with the addition of these 50 new Quarters, more families of IRBn personnel will get accommodated in the campus. The IRBn now has a total of 110 (14-Type-III & 96 Type-II) Govt. Quarters.

Rs. 10 coin is a legal tender: SB9 People, auto rickshaw drivers, shopkeepers, retail traders, street vendors & others

It has come to the notice of State Bank of India that there is reluctance on part of traders and members of public to accept ₹10 coins due to suspicion about their genuineness in certain areas of Andaman and Nicobar Islands. As all are aware that the Reserve Bank puts into

circulation, the coins minted by mints which are under the Government of India. As coins have longer life, coins of different designs and shapes circulate in the market at the same time. All these coins are legal tender and can be accepted for transactions. The

general public, transport operator, auto rickshaw drivers, hoteliers, shopkeepers, retail traders, street vendors and merchants have been advised to accept ₹10 coins in daily transactions. This is for the information of general public.

सरकारी कालोनी बना तालाब घरों में भरा पानी



दिनांक 18/2/2023 रंगत के ढाली खोती सरकारी कालोनी में कुछ समय बांश्चि होने के बाद पानी भर गया और देखते ही देखते तालाब जैसी स्थिति उत्पन्न हो गई लोगों का घरों से निकलना मुश्किल हो गया सरकारी कालोनी के रख रखाव का काम CD-1 APWD तद्वंज के पास है लेकिन बिभाग के तरफ से कोई भी कार्य नहीं किया जाता है जब की सरकारी कर्मचारियों से किराया के रूप में उनके पेमेंट से पैसा काट लिया जाता है लोगों का कहना है कि हमारे घरों के मरम्मत के लिए बिभाग के पास न ही सामान है न ही काम के लिए आदमी है लेकिन किसी आफिसर के घर में काम करने के लिए सामान भी है आदमी भी है और किसी टेंडर या सप्लाई आडर या आदेश की जरूरत नहीं है लेकिन आम सरकारी कर्मचारियों के घरों के लिए बिभाग कोई काम नहीं किया जाता है CD - 1 APWD Rangat के इस सौतेले नीतियों से सरकारी कर्मचारियों में काफी नाराजगी है और लोगों को मांग है कि जिस प्रकार से आफिसर के घरों का रख रखाव किया जाता है उसी प्रकार से साधारण कर्मचारियों के घरों तथा कालोनियों का भी रख रखाव किया जाय

CPI (M) Express Concern Over Power Cut During Board Exams

CPI (M) has demanded to provide uninterrupted power supply to Port Blair and rural South Andaman areas for the benefit of thousands of students appearing in the Examinations. In a letter sent to the Chief Secretary, A & N Administration, D. Ayyappan, Secretary, CPI (M) A & N State Organising Committee brought to the notice of the Administration the increasing disruption in the power supply at Port Blair and rural South Andaman areas during the last few weeks. CPI (M) Secretary informed the Chief Secretary that power

supply has been disrupted frequently during the day time and night.

Ayyappan told the Chief Secretary that the Board Examination for class XII has already started and examination for Class X is likely to start in a few days. Home examinations of students of other classes are also currently underway. He informed the Chief Secretary that power disruption during the period of Board Examinations is adversely affecting the studies of the students especially those who do not have power back up facility at home. Students are put to un-

necessary mental tension and hardship due to the frequent power cut. He further stated in the letter that competitive examinations for various posts in APWD are also currently underway in which also a large number of youth are attending. These candidates are also facing difficulties to prepare for the written examinations because of the intermittent power supply.

CPI (M) has been taking up the issue of power disruption continuously during the last one year with the A & N Administration and had conducted agitations

on several occasions demanding uninterrupted power supply. CPI (M) has told the Chief Secretary that the A & N Administration has miserably failed to provide uninterrupted power supply to a merely small population of 2 lakhs in Port Blair and rural South Andaman areas and further demanded to take all possible measures to provide uninterrupted power supply to Port Blair and rural South Andaman areas for the benefit of students appearing in the Examinations.

Member of Parliament demands Permanent Bridge at Nishchintapur to Replace the Wooden Structure

The Member of Parliament of Andaman and Nicobar Islands, Shri. Kuldeep Rai Sharma has requested the Hon'ble Lt. Governor of Andaman and Nicobar Islands to construct a permanent Bridge at Nishchintapur to Replace the Wooden Structure over Kalighat Nallah.

Highlighting the problems of the residents of Nishchintapur, a cluster of hamlets located in Diglipur, he mentioned that the residents of Nishchintapur have been settled by the Government of India under the

Rehabilitation Scheme 1956/57.

He added that the village is divided by a deep creek called Kalighat Nallah which is also a home to crocodiles. The only means of crossing this creek is a wooden bridge which is often washed away by floodwaters during the rainy season. The residents have to rely on dinghies for transportation, which is not feasible during the peak monsoon season. He pointed out that due to frequent damages in the bridge people of the area face huge problems

in day to day life. Students, patients and old age people are suffering heavily due to absence of a proper bridge over the nallah.

In light of this, the residents of Nishchintapur strongly believe that the construction of a permanent bridge across the creek is the only solution to their long-standing problems, he added. The Member of Parliament mentioned that this bridge will serve as a means of connectivity and provide the entire community with new avenues to prosper their

lives. It will also reduce the number of deaths and help the rehabilitated people to overcome the difficulties they have been facing since 1956. He requested the Hon'ble Lt. Governor of Andaman and Nicobar Islands take immediate action in the construction of a permanent bridge at Nishchintapur to replace the wooden structure. The residents have been waiting for this solution for far too long and it is time that their voices are heard, he mentioned.



संपादकीय

आंसू और चीखें देता माइग्रेन महिलाओं को हॉर्मोन-कॉन्ट्रासेप्टिव पिल्स, पुरुषों को हैवी वर्कआउट से होता माइग्रेन संबंधों में संतुष्टि से खत्म होगा सिरदर्द

सिर जो तेरा चकराए या दिल डूबा जाए.... माइग्रेन में कुछ कुछ ऐसा ही होता है। भारत में सिरदर्द हर दूसरे घर की पेशानी है। महिलाएं दर्द होते ही तुरंत सिर पर दुपट्टा बांध लेती हैं या कोई सिरदर्द की गोली निगल लेता है। लेकिन सिरदर्द आंसू और चीखें निकलने के बाद ही ठीक होता है। अगर सिरदर्द हल्का है और सिर के दोनों तरफ है और कुछ घंटे बाद ठीक हो जाए तो समझ लें ये सिर्फ थकान है। लेकिन दर्द सिर के एक हिस्से में हो, लंबे समय तक बना रहे और महीने में कई बार हो तो यह माइग्रेन है। माइग्रेन का दर्द जब सताता है तो न काम करने और न ही बात करने की इच्छा होती है। रोशनी और हल्की सी आवाज भी बर्दाश्त नहीं होती। माइग्रेन महिलाओं और पुरुषों, दोनों को होता है। लेकिन महिलाएं माइग्रेन की मरीज ज्यादा देखने को मिलती हैं। बॉलीवुड एक्टर शाहिद कपूर की पत्नी मीरा राजपूत, एक्ट्रेस अमृता राव और सुनील शेटी जैसे सेलिब्रिटीज ने सामने आकर माइग्रेन की बात की है क्योंकि वो भी इससे परेशान रहते हैं। माइग्रेन क्यों होता है, क्या इसे जड़ से खत्म किया जा सकता है, ये समझना जरूरी है, क्योंकि माइग्रेन आज बड़ी समस्या बन गया है। दु.नियाभर में १५: लोग माइग्रेन से प्रभावित हैं।

माइग्रेन एक न्यूरोलॉजिकल डिसऑर्डर है। हालांकि यह होता क्यों है, इसका कारण वैज्ञानिक अब तक नहीं समझ पाए हैं। कुछ लोग इसे हॉर्मोन, वातावरण और खानपान से जोड़ते हैं। इस बीमारी का जिक्र पहली बार करीब ३२०० साल पहले प्राचीन मिस्र में लिखे गए चिकित्सा से जुड़े दस्.तावेज में मिला। माइग्रेन यूनानी शब्द से लिया गया। का मतलब है आधा और यानी सिर। नाम से ही साफ होता है कि यह आधे सिर का दर्द है। माइग्रेन की सिचुएशन अस्थायी होती है। दवा खाते ही सिरदर्द दूर हो जाता है। लेकिन ज्यादा दवा लेने पर मेडिकेशन ओवरडोज हेडके भी होता है। प्लाउडनाइन हॉस्पिटल, गुरुग्राम में गायनाकोलॉजिस्ट डॉ. रितु सेठी ने बताया कि महिलाओं के शरीर में एस्ट्रोजन और प्रोजेस्टेरोन नाम के हॉर्मोन होते हैं जो पीरियड्स और प्रेग्नेंसी को रेगुलेट करते हैं।

महिलाओं के शरीर में हॉर्मोन का फ्लक्चुएशन होता रहता है। खासकर जब एस्ट्रोजन का फ्लक्चुएशन ज्यादा बढ़ता है तब महिलाओं को माइग्रेन के दर्द का अटैक होता है। इस वजह से महिलाओं को पुरुषों के मुकाबले माइग्रेन ज्यादा होता है। कई बार महिलाओं को माइग्रेन का दर्द इस हद तक सताता है कि रोते हुए उनकी चीखें तक निकल जाती हैं। उन्हें अपने आसपास के माहौल का भी होश नहीं रहता।

कुछ महिलाओं को पीरियड्स से पहले सिरदर्द शुरू हो जाता है। दरअसल, इस समय शरीर में एस्ट्रोजन का लेवल कम होने लगता है। लेकिन पी.रियड्स खत्म होने के बाद माइग्रेन दूर हो जाता है। लड़कियों में माइग्रेन ज्यादातर १५ साल की उम्र यानी प्यूबर्टी के दौरान शुरू होता है।

Director Disaster Management interacts with 'Aapda Mitra' Volunteers



The Directorate of Disaster Management, A&N Administration in coordination with the District Administrations recently conducted a 12 days Disaster Management Trainings under 'Up-scaling Aapda Mitra Scheme' of National Disaster Management Authority (NDMA) in South Andaman and North & Middle Andaman Districts.

During the training, 191 community volunteers provided basic skills training for responding to their community's immediate needs during and in the aftermath of a disaster. These trained volunteers can assist in saving lives using the basic techniques of disaster response, coordination and management.

The Director (Disaster Management), Dr. Nitin Shakyas interacted with the Trained Aapda Mitra Volunteers of South Andaman Districts today and reviewed the skills they had gained in the Disaster Management training programme. Further, the Aapda Mitra of South Andaman have been directed to prepare their own group of 15

to 20 members in their vicinity and train them to deal with any crisis/emergencies. They have also been invited to participate in the upcoming mock drills scheduled for cinema theatres and hotels and in the 'Swasthya Doot' DM Training programmes.

13 MPs to get the Sansad Ratna Award; Member of Parliament of A & N Islands to get Sansad Ratna Award for the second time in a row

Thirteen MPs, including Member of Parliament of Andaman and Nicobar Islands, Shri Kuldeep Rai Sharma, Congress leader Shri. Adhir Ranjan Chowdhury, RJD's Shri. Manoj Jha and CPI-M's Shri. John Brittas, have been nominated for the Sansad Ratna Awards 2023. This is the second time Shri Kuldeep Rai Sharma, Member of Parliament, Andaman & Nicobar Islands has been nominated for this award; earlier he was

awarded the prestigious "Sansad Ratna Award 2022" in New Delhi on 26th of March 2022. The 13 MPs include eight from the Lok Sabha and five from the Rajya Sabha, including three retired members. A jury committee chaired by the Minister of State for Parliamentary Affairs & Culture Shri. Arjun Ram Meghwal and co chaired by former Chief Election Commissioner of India Shri. S Krishnamurthy also nominated two

departmentally related standing committees and a distinguished leader under the special awards category. The committee comprises eminent parliamentarians and civil society members. The Sansad Ratna Award is based on the performance of MPs in the Lok Sabha and Rajya Sabha. The award is given to MPs who have performed well in areas such as raising questions, private members bills, and initiated debates. Among those nomi-

'Sambalpuri Folk & Tribal Dance', being organized by the Department of Art & Culture

A six days workshop on 'Sambalpuri Folk & Tribal Dance', being organized by the Department of Art & Culture, A&N Administration is underway at Andaman Club. The workshop being held in collaboration with Eastern Zonal Cultural Centre (EZCC), Ministry of Culture, Govt. of India will continue till Feb. 25.

Sambalpuri Folk and Tribal Dance Exponent, Ms. Sonali Das, from Odisha is the resource person of the workshop which is being attended by 35 participants.



Training on 'Vigilance & Disciplinary Proceedings Office Management' gets underway



A five-day training programme on 'Vigilance & Disciplinary Proceedings Office Management' including Office Procedure, Noting & Drafting and Record Management' from Feb.20 to 24, 2023

is being organized by the Administrative Reforms and Training Wing of the Administration in association with the Institute of Secretariat Training & Management (ISTM), Department of Person-

nel & Training, Govt. of India, New Delhi for Amalgamated Clerical Cadre working in various Department of A&N Administration.

The Assistant Secretary (PerL), A&N Administration, Shri A. Yesu Raj inaugurated the training programme today in the conference hall of Directorate of Industries, Middle Point, Port Blair.

Member of Parliament demands construction of India's biggest Dockyard in Andaman

The Member of Parliament of Andaman and Nicobar Islands, Shri Kuldeep Rai Sharma, has recently demanded for construction of India's biggest Dockyard in Andaman and Nicobar Islands.

During the recent budget session, Member of Parliament of Andaman and Nicobar Islands, Shri Kuldeep Rai Sharma, submitted 50 demands to the Government of India. Among these demands, one of the major demands was the construction of India's biggest Dockyard in Andaman.

According to Shri Kuldeep Rai Sharma, almost all the major ports in India, situat-

ed in Kochi, Kolkata, Mumbai, Chennai, etc., are situated in city areas where there is no scope for further expansion. In contrast, Andaman and Nicobar Islands offer ample space for a big Island to be transformed into a Dockyard, which can provide services to a large number of ships, including the biggest ship of India and also international ships.

"Ships from Andaman Nicobar Islands are often sent to mainland India for repair and annual survey, but most of the time, the ships are out of service for a very long time. If a big dockyard is constructed in Andaman and Nicobar Islands, then our own ships will

be repaired in no time, and this will benefit all the islands, because shipping is the lifeline of the region," Shri Kuldeep Rai Sharma said. He added that building India's biggest Dockyard in Andaman Nicobar Island would benefit thousands of people by providing jobs, and generate revenue both from India and abroad. Moreover, when the Government of India is planning to establish a transshipment port at Great Nicobar, a lot of foreign ships visiting Andaman, can also be repaired at Andaman's Dockyard, which will bring in a significant amount of foreign revenue and generate good revenue for India.

Shri Kuldeep Rai Sharma also highlighted the biggest constraint to development in Andaman Nicobar, which is the lack of revenue. "A lot of development work cannot be carried out in Andaman Nicobar Administration, even when there is an interest from the Andaman Nicobar Administration," he said. But, he added that once Andaman and Nicobar Islands start earning revenue from the proposed Dockyard, Andaman will see massive development, and a lot of development work can be carried out with our own money.

Issuance of Seafarer's Identity Documents to Isles' Seafarers Data Collection Centre starts functioning at MMD Office; to collect data till Feb. 25

India has ratified the convention No. 185 of the International Labour Organization (ILO) on Seafarer's Identity Documents (SID) and accordingly Merchant Shipping (Seafarer's Bio-Metric Identity Documents) Rules, 2016 has been notified and, issuance of SIDs to Indian Seafarer have been launched by DG (Shipping) from Aug, 2019.

Towards issuance of SIDs to India Seafarers, the DG(Shipping)

although has identified 09 Data Collection Centre across the country but, due to remoteness, the Seafarers of the Directorate of Shipping Services, A&N Administration were finding it difficult to book their slots in the above Centres timely. Moreover, travelling to these Centres at Mainland from these Islands would also entail additional travelling and other expenses including considerable time of the Seafarers, which was not

in the best of interest of seafarers of this Directorate. Further, it was also not feasible for the DSS to spare these many Seafarers together from their duties onboard, for the above purpose.

In view of above difficulties, the Directorate took the initiative with the Mercantile Marine Department, Port Blair towards setting up a Data Collection Centre at Port Blair. On regular persuasions with DG Shipping, now, a Data

Collection Centre for the issuance of SID to Seafarers of these Islands has been set up at MMD Office, Port Blair, which has started functioning from 20th Feb, 2023 and collection of data will be done till 25 Feb, 2023.

In this regard, all Seafarers of the Directorate of Shipping Services as well as others have been advised to fully utilize the facility of above Data Centre towards issuance of their SIDs, without fail.

Career guidance workshop organized at ANCOL



Nehru Yuva Kendra Port Blair organized a day long career guidance workshop at ANCOL on Feb.14 which was participated by over 150 youth. Dr. S. Jayakumar, Principal, ANCOL who was the chief guest on the occasion, said that the pro-

gram will help the youth to identify career goals, set education milestones and clear path to achieve it and prepare them for holistic career development.

The resource persons viz. Shri Jwahar Lal Das, Economic Investigator,

Department of Industries, A&N Administration, Dr. Treemurutulu, Associate Professor, ANCOL, Smti Jaya Prabha Bhattacharya, Lecture, ANCOL, Dr. Sunita Patil, Lecturer also addressed the students.

The participants also

cleared their doubts pertaining to career choices which were answered by the resource persons. Earlier, Shri Gopal Ch. Biswas of Nehru Yuva Kendra welcomed the gathering.

CBSE Exams Best Wishes

Dear Students of Andaman and Nicobar Islands, As your exams draw near, I wanted to take a moment to extend my heartfelt best wishes to you all. I know that this has been a challenging year for all of us, but especially for you students who have worked so hard to prepare for the CBSE Board Exams of

both Class XII and Class X. I acknowledge the hard work and dedication that you have put in over the past year, as well as the efforts of your parents and teachers in supporting you along the way. As CBSE Class XII exams starting from tomorrow and Class X from 27, February 2023, I encourage you to forget about

the stress and focus on displaying your confidence and knowledge. You have all worked so hard to get to this point, and I have no doubt that you will all do amazingly well. Remember that you are not alone in this journey. Your family, friends, teachers, and community are all behind you, cheering you on every step of

the way. So go into your exams with your heads held high and your hearts full of confidence. Believe in yourselves and your abilities, and know that the future is bright with endless possibilities. Wishing you all the very best in your exams and in all your future endeavors.

NOTICE INVITING e-TENDER

No.e-TENDER/DB/NACD/MB/2022-23/537, dated 14/02/2023. NACD/MB/2022-23/65

The Executive Engineer, North Andaman Construction Division, APWD, Mayabunder invites on behalf of President of India, online Item Rate tender from reputed Firms / Agency / Transporters /Water tanker owners for supply of water tanker for following works:- (The agency must also produce documentary evidence for having minimum two tanker with valid permit in his / her name or (lease agreement of the tanker will also be considered as ownership) for each work for the transportation of water, the Registration of the vehicle should be ensured as water tanker and the vehicle should have a valid Public Carrier Permit for water tanker as per the provision of MV Act 1988).

1) NIT No.83/2022-23/EE/NACD, Tender ID: 2023_APWD_9323_1 Name of work:- A/R & M/O Water Supply under Sub - Division No.II, Tugapur under NACD, APWD, Mayabunder during 2022-23.

SW:- Providing the service of water tanker for Raw Water Supply at Tugapur No.2 and Tugapur No.6 Water Treatment Plant under Sub - Division No.II of NACD during 2022-23. Estimate Cost- ₹15,22,560/-, Earnest Money Deposit-₹30,451/- & Time of completion-04 (four) months.

2) NIT No.85/2022-23/EE/NACD, Tender ID: 2023_APWD_9326_1 Name of work:- A/R & M/O Water Supply under Sub - Division No.I, Mayabunder under NACD, APWD, Mayabunder during 2022-23.

SW:- Providing the service of water tanker for drinking water supply at Mayabunder area under Water Supply Section, Sub - Division No.I of NACD during 2022-23 as when required for 04 months till the onset of monsoon. Estimate Cost- ₹55,54,080/-, Earnest Money Deposit-₹1,11,082/- & Time of completion-04 (four) months.

The intended tenderer should produce the proof of having ownership certificate / lease agreement of atleast 02 Nos. water tankers of approximately capacity of 12,000 Litres each. Additional tanker to be provided as and when required by the Agency. Documents of already engaged vehicles will not be allowed.

The tender should be filled online upto 3.00 pm on or before 02/03/2023. The tender will be opened on 03/03/2023 at 10.30 am in presence of tenderers or their representative if any.

The Tender forms and others details can be obtained from the website <https://eprocure.andaman.gov.in>.

9711
2023/MediaRelease/192

Executive Engineer
NACD, APWD, Mayabunder.

Zonal Level Bharat Scout & Guides Camp held at GPS Sabari

A four day Zonal Level Bharat Scout & Guides Camp of Rangat, Middle Andaman Zone was organized in the premises of Govt. Primary School Sabari Junction (English Medium) from Feb.14 to 17, 2023. The Assistant Commissioner, Rangat, Smti. Sapna Priya was the chief guest of the closing ceremony on Feb.17 in which 50 Scouts & Guides, 5 Scout Masters and Guide Captains from 20 different School under Rangat Educational



Zone participated. The District Chief Commissioner, Shri Suresh Ma-

zumder, (DEO Rangat), Bharat Scouts & Guides Unit was also present on

the occasion.

Towards improving immunization services in Isles Medical Officers imparted training on routine immunization



The Directorate of Health Services and SHS-Immunization, NHM with the technical Support of World Health Organization -NPSP conducted a three days training for Medical Officers on Routine Immunization from Feb.13 to 15, 2023 in the Confer-

ence Hall of Directorate of Industry.

Around 24 Doctors from different Health Institutions of this UT were imparted training on Revised Routine Immunization Schedule, Cold Chain Management, AEFI, eVIN, U-WIN and Vaccine Preventable Dis-

ease Surveillance. The training was imparted by Dr. Deepak Kumar Kar, SMO, WHO-NPSP, Dr. Avijit Roy, Deputy Director (Health), Dr. B. Ajit Kumar, Deputy Director (Malaria), Dr. Rohit, SPO-eVIN and Dr. Tapash Kumar Dakuya SEP/Consultant (Immu-

nization). The training was focused on improving immunization services and to provide better Immunization services across the Islands. The training concluded with the distribution of certificates to the participants.

Interactive session on 'Healthy Living' organized for students of DBRAIT



An interactive session on 'Healthy Living' was organized in the conference hall of DBRAIT on Feb. 15, 2023 in which Professor and Head, Department of Radiography and Former Vice-Chancellor Kings George Medical University (KGMU), Lucknow, Prof. (Dr.) MLB Bhatt addressed the students.

He said, a healthy lifestyle, in particular, a healthy diet coupled with

one of the biggest gifts by India to the world- 'Yog' is a holistic therapy for a healthy, long and active life.

Prof Bhatt explained the scientific significance of getting up early in the morning and taking the right and balanced meals at the right times during the day. He urged the students to rely on staple and local fresh foods which are cheap and easily available and

in abundant to nourish the human body instead of junk and unhealthy foods that are expensive and puts one's health at risk. As per WHO, 45% of deaths are due to Cardio Vascular Diseases in the age group of 40-69 year.

He said, Research shows that eating habits and healthy behaviours are connected to academic achievement. Emphasizing that 'Healthy stu-

dents are better learner', Prof. Bhatt also advised the students to abstain from any kind of drug abuse by learning from examples rather not by experimenting.

About 130 students attended the session and were benefitted. Earlier Dr. Shrabani Mallick, Student Advisor welcomed the gathering and coordinated the program.

Civil Supplies Deptt. asks consumers to seed Aadhaar Number in family ration card by March

The Department of Civil Supplies & Consumer Affairs have asked the persons under APL Category of ration card who have not yet seeded Aadhaar Number in their respective family ration card in spite of several reminder and request through fair price shop dealers, electronic and print media, to approach the respective Civil Supplies offices before 06th March 2023,

in person and get their Aadhaar seeded in their family ration card failing which the ration card to which these un-seeded members are attached shall be de-activated/ members deleted considering to be a bogus member/ration card.

Further, all those members who have not enrolled there name for Aadhaar have also been asked to get their names enrol immediately.

However, the de-activated/deleted person/ration card can be considered for re-activation subject to submission of Aadhaar number in person. The list of such unseeded members has been provided in the respective Fair Price Shop for the convenience of the Ration Card Holders.

For further details, they may contact Shri Gyan Singh, AD (CS&-

CA) 9476002598, 96795425998; Shri Nitin Biswas, CSI (CS&CA) 9476069404 and Ms Shashida Banu, CSI (CS&CA) 9476099911 on all working days. Apart from these, the card holders can seek clarification through Toll Free No. 18003453197 & 03192-233346.

Capacity building workshop on 'Drug Abuse Prevention for School Teachers & Counselors' gets underway at JNRM All effects of drugs among adolescents highlighted



The Department of Home Science, JNRM, in association with the National Institute of Social Defence (NISD), Ministry of Social Justice and Empowerment, Govt. of India is organising a two days Capacity Building Workshop on Drug Abuse Prevention for School Teachers and Counselors on Feb.21 & 22, 2023.

While inaugurating the workshop as the chief guest, Shri Kalaivanan, R, IPS, Superintendent of Police, South Andaman District informed the gathering about the ill effects of drugs in the

productive age group especially among adolescents and youth. Under peer pressure, they indulge in drug abuse that leads to physiological and psychological complications, he said. Apart from routine curricular activities, teachers should engage the students in extra co-curricular activities to mitigate the drug abuse, he remarked. He further said that the law enforcement agencies are playing important role in preventing drug abuse. The approaches of teachers towards students is important in shaping the

country, especially when it comes to substance use prevention, he opined.

Dr. H.K.Sharma, Principal, JNRM, spoke about the vision on zero tolerance towards drug abuse in educational institutions. Dr. Ratan Mazumdar, Associate Professor & DDO spoke on the importance of this programme and urged the teachers to be the ambassador for drug free society.

Dr. K.Venkatesan, HOD, Home Science and Convener of this programme said that globally drug abuse problem is a serious public health

concern that affects not only health, safety and well-being of communities, social and economic development. It particularly affects children, young people and their families, he said.

Earlier, Smt. Nidhi Shekhawat, Assistant Professor of Home Science welcomed the gathering and Dr. Rekha Kumari, Resource Person, Department of Home Science proposed vote of thanks. Smt. Poonam Singh, Resource Person, Department of Home Science moderated the programme.

DGP, A&N Islands, Shri Neeraj Thakur, IPS inaugurated 50 newly constructed quarters for IRBn personnel at IRBn HQ, Port Mout

The Director General of Police, A&N Islands, Shri Neeraj Thakur, IPS inaugurated 50 newly constructed quarters for IRBn personnel at IRBn HQ, Port Mout today in the presence of senior Officers of A&N Police, APWD and staff of IRBn. To mark the occasion the chief guest and senior Officers planted saplings of fruit bearing trees around the newly constructed complex.

The DGP, A&N Islands appreciated the construction agency i.e. APWD. The project has been completed at a cost of Rs 11 crore. Further, the chief guest appreciated the jawans for apprehension of foreign



poachers in remote & difficult terrain of LOP Tillongchaung with hard work and perseverance. He also informed the IRBn Personnel about the overall developmen-

tal projects including firing range, rain water harvesting and sports complex etc. for up-gradation of IRBn infrastructure. Now, with the addition of these 50 new

quarters, more families of IRBn personnel will get accommodated in the campus. The IRBn now has a total of 110 (14-Type-III & 96 Type-II) Govt. Quarters.

Students evince keen interest in State Level Science Project Competition organized by Science Centre



The Science Centre, Port Blair conducted State Level Science Project Competition for the school students studying in class IX to XI on Feb. 10. The Project /Models of the students were kept on display for public viewing. Among the displayed project, the best

three models were selected by the panel of judges. Accordingly, based on the evaluation, the project on 'Mixed Framing or Integrated Framing' presented by Kumari T Lavanya of St. Xavier School, Mannarghat was declared as first, 'Bio Gas (methane)' presented by

Kumari Annanya Bala of St. Mary's School, Bathubasti was declared as second prize winner where as 'Smart Stick for blind' (Robotics) presented by Kumar Sagar Minj of Ummat Public School, Austinabad was adjudged as third prize winner. Trophies

alongwith cash awards of Rs.5000/-, Rs.3000/-, Rs. 2000/- & individual certificates will be distributed to the winning students on National Science Day to be held on Feb. 28 at Science Centre Port Blair.

Table Top Exercise conducted by Directorate of Disaster Management; mock drill on fire incident to be conducted



The Directorate of Disaster Management, A&N Administration in coordination with District Administration, South Andaman, A&N Police, A&N Police Fire Services, Directorate of Health Services and NDRF organized a Table-Top-Exercise at Sea Shell Resort, Marine Hill today for the conduct of mock drill on fire incident scheduled to be conducted tomorrow (Feb.22), to test the Standard Operating Procedure and response system of the above said Resort.

At the outset, Dr. Ni-

tin Shakya, Director (Disaster Management), A&N Administration explained the stakeholders and resort personnel about the importance of conducting this Mock Drill in resorts & hotels. He also emphasized on the importance of awareness, preparedness and mitigation efforts with regard to Disaster Management. The Director (DM) and other Assistant Directors of Disaster Management briefed the participants about scenario of the proposed mock drill. The roles & responsibilities of each individual/ group of the

Resort Management and supporting role of other stakeholders i.e. A&N Police, A&N Fire Services, Health, Electricity and District Administration, South Andaman were clearly defined to manage emergency situations during incidents/crisis. They also highlighted about the advantages of having the Standard Operating Procedure (SOP) of Resorts and Hotels for Disaster Management.

The Director (DM), Asst. Directors and other stakeholders also took stock of preparedness for the smooth conduct

of the Mock Drill tomorrow and they explicate the vital role to be played by the Resort Management and stakeholders of A&N Administration and other agencies at the time of any disaster.

After a detailed deliberation, mock exercise scenarios have been finalized for the conduct of mock exercise. The Management of the Resort were also urged to inform the surroundings hotel/resorts to witness the mock drill and to also prepare themselves to tackle any unforeseen situation.

Mock drill on fire incident was conducted at Sea Shell Resort, Marine Hill, today by the Directorate of Disaster Management in coordination with A&N Police, A&N Police Fire Services, DHS and NDRF



A mock drill on fire incident was conducted at Sea Shell Resort, Marine Hill, today by the Directorate of Disaster Management in coordination with A&N Police, A&N Police Fire Services, Directorate of Health Services and NDRF by creating real time fire simulation scenarios and tested the preparedness level of the resort and response of all Emergency

Support Functionaries (ESFs) on safe evacuation, search & rescue and fire extinguish operations, first aid alongwith medical support to manage the fire incident scenario in the resort.

The Director (DM), A&N Administration, Dr. Nitin Shakya monitored all the activities of the mock drill alongwith SDPO (SA), Shri Sunny Gupta, IPS, Asst. Direc-

tors, Shri TKS Ajayan, Shri Gyan Singh, Shri Janik Ram, and Sr. Consultant, DDM, Dr. Swapan Kumar Biswas. The mock drill was followed by a debriefing session during which the observers of the Mock Drill explained the findings and gaps noticed during the drill.

The Director (DM) appreciated the efforts of the resort management

and other stakeholders for their active participation in the mock drill. He also urged the resort management to regularly check all the fire extinguishers and safety equipments and to also update their SOP, emergency contact details and provide Disaster Management trainings to the resort personnel for their capacity building to cope with any crisis in future.

Fisheries Deptt. to organize training on 'Open Sea Cage Culture' Interested Fishers & Entrepreneurs urged to contact Fisheries Training Centre, Marine Hill

The Department of Fisheries in association with the National Institute of Ocean Technology (NIOT), Dollygunj and with the Financial Assistance of National Fisheries Development Board (NFDB), Hyderabad under the Pradhan Mantri Matsya Sampada Yojana (PMMSY) proposes

to organize a three days training programme on 'Open Sea Cage Culture' from March 2-4, 2023.

The training programme includes classroom lectures and Hands on Training on fabrication of cages, installation, stocking of seeds, feeding, maintenance and field visits involving

25 selected participants from A&N Islands. The candidates would be selected on first come first serve basis. The selected trainees will be provided daily allowance and travelling allowance as per the approved norms of NFDB, Hyderabad.

Interested Fishers, Fish Farmers, SHGs/ Fisher-

ies Cooperatives (Max 02 Members per SHG/ Fisheries Cooperatives) and Entrepreneurs have been requested to contact the Fisheries Training Centre, Marine Hill (Ph. No. 9679518206, 9594801891) or Email to: dirfish.and@nic.in by 3 pm of Feb. 24, 2023.

AUCTION NOTICE

It is to inform to the general public that the vehicles seized in connection with the various road accident/other cases registered at Police Station Rangat are kept lying for disposal in the premises of Police Station since

long. The details of unclaimed seized vehicles are available at the notice board of PS Rangat. The Police department is going to dispose of the unclaimed seized vehicles by way of public auction at the premises

of Police Station Rangat. The participants/interested persons can inspect the unclaimed seized vehicle at PS Rangat and register their names with SHO PS Rangat by paying Rs.5000/- (Rupees Five Thousand Only) as

security deposit on or before 07/03/2023. The Public Auction is scheduled to be held on 10/03/2023 (Friday) at 1130 hrs at Police Station Rangat.